



## SUCCESS STORY

### Hygiene Education Materials Empower Student Club to Reach Out to Community

**Club promotes water, health and sanitation awareness through the school and community.**



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Pictured: Health and Sanitation Club members from Mbarara Army Secondary School in Uganda reading Project WET's sanitation and hygiene materials

***"Since we received the materials and brought them home, our mother does not allow us to drink water that is not boiled."***

***-Ugandan Student***

Many African communities suffer from lack of clean water and a poor understanding of proper hygiene. As a result of the health and sanitation materials received from USAID and Project WET, a group of motivated students from the Mbarara Army Secondary School in Mbarara, Uganda have formed a Health and Sanitation Club to help their peers overcome the water related health challenges they face. The club's mission is to educate and promote water awareness in addition to keeping the school water sources clean and providing advice about healthy habits.

Students utilize Project WET's ***Healthy Water, Healthy Habits, Healthy People Educators Guide*** as a tool to educate themselves and then use its activities to teach others. Club members find that one of the most effective methods of conveying water- and hygiene-related information to their audiences is through the presentation of skits. "Some students even learn by watching Club members practice their skits," states Lauben Muhangane, secondary school teacher and director of the Health and Sanitation Club.

As testament to its effectiveness, since the inception of the Club, students report a noticeable decrease in the number of cases of diarrhea and other water-borne diseases at the school.

In addition, the Club has designated Food and Water Prefects who monitor the cleanliness of food preparation and water sources at the school on a daily basis. Club members also bring the information home to share with families and community members.

Mbarara Army Secondary School is one of 1,000 schools in 13 sub-Saharan countries that received over 830,000 copies of Project WET's ***Healthy Water, Healthy Habits, Healthy People*** resources. Developed in conjunction with USAID and African water experts, these resources include four water education components: an Educators Guide with seven hands-on lesson plans, two Kids In Discovery series (KIDs) student activity booklets and an interactive poster.